

Connect suggestions for EHS habits

Here are a few habits to consider adopting. Adjust to make them work for you. And be sure to celebrate when you remember to do a new habit and then do it!

Basic scripted habits - personal daily actions
<i>After I click on my seat belt, I put my cell phone out of sight.</i>
<i>After I arrive in my work area, I check for safety hazards before starting work.</i>
<i>After I turn off my computer at the end of my work day, I tidy up my work area.</i>
Advanced scripted habits - personal thoughts and non-daily actions
<i>After my feet touch in the floor in the morning, I say: "I'm going to make it a safe, healthy day!"</i>
<i>After I notice a spill on the break room floor or counter, I clean it up to avoid anyone slipping or having an accident (or call for help).</i>
<i>After my meeting starts, I close my laptop.</i>
<i>After I turn off the vehicle engine in the grocery store parking lot, I pop open the trunk to get my reusable bags to take into the store to hold my groceries.</i>
More involved improv habits - for yourself or with your team
<i>After I enter the break room (or other location), I scan the environment to notice if there are any safety hazards.</i>
<i>After I see someone take a safe action, I recognize them for working safely and upholding our commitment to EHS. (Say "Yes!" to EHS)</i>
<i>After I see someone take a possibly risky action (not wearing safety glasses, walking while looking at their cell phone, etc.), I remind them what they need to do instead.</i>
<i>After I welcome guests to our office/site, I point out the safety exits in the building.</i>